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Pop queen

Pop queen Janet Jackson has undergone a punishing fitness regime in a bid to regain her svelte physique. The singer deliberately piled on the pounds for a possible movie role, according to her boyfriend Jermaine Dupri. But Jackson is fed up of her flab and, while she insists she isn't under contract to lose weight, she couldn't wait to get slim in time to promote new album 20 Years Old. Dupre says, "She was gaining weight for a potential movie." A spokesperson for Jackson says, "It is not a requirement of her contract to lose weight."



Janet Damita Jo Jackson was born on May 16, 1966 in Gary, Indiana, living in a lower class home with several brothers and sisters. Janet was the youngest. After her birth, her brothers formed a band later called The Jackson 5. She lived at home with her sisters, while her brothers, and dad, Joe Jackson, lived an extravagant life in Los Angeles. She later moved in with them while her brothers were making a name for themselves, and signed a deal with Motown. Janet was in the shadow but later also made a name for herself.

As she was touring, and making appearances with her brothers, and the rest of the family, she co-starred with the rest of them in "The

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Jacksons". In 1977, she got the part of Penny Gordon on "Good Times". That showed her acting abilities early on. She also made a few memorable appearances on the hit TV show "Diff'rent Strokes" as Charlene Dupree. Soon afterwards came her role on "Fame".

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